

CANADIAN SCHOOL OF NATURAL NUTRITION
420 boul. Wilfred-Lavigne, Unit 8, Gatineau, QC J9H 6W7
1-800-328-743 819-775-2766 Fax 819-775-5078
REQUIRED TEXT BOOK LIST- Natural Nutrition Program
Included in Tuition

MODULE #1

NN101A Fundamentals of Nutrition I
Staying Healthy with Nutrition, 21st century
ed, by Elson Haas, M.D. (Pts 1&2)
ISBN: 978-1-58761-179-7

NN101B Fundamentals of Nutrition II
Staying Healthy with Nutrition, 21st century
ed, by Elson Haas, M.D. (Pts 3&4)
ISBN: 978-1-58761-179-7

NN102 Anatomy and Physiology
Understanding Anatomy & Physiology, 3rd
edition., by Gale Sloan Thompson RN (e-
book provided within online course).
ISBN: 978-0803676459

NN103A Nutritional Symptomatology
Guide to Nutritional Symptomatology, 1st
ed., Published by CSNN.

MODULE #2

NN103B Motivational Interviewing Skills
Motivational Interviewing in Nutrition and
Fitness., by Dawn Clifford and Laura Curtis
ISBN: 978-1462524181

NN104A Hormone Health
The Hormone Cure., by Sara Gottfried M.D.
ISBN: 978-1-4516-6695-3

NN105A Body-Mind-Spirit - Part One
Nutrition Essentials for Mental Health., by
Leslie Korn.
ISBN: 978-0-393-70994-00

NN105B Body-Mind-Spirit - Part Two
Cultivating Wholeness, 2nd ed., by Caroline
Marie Dupont. Published by CSNN.

NN106 Fundamentals of Business
Business Mastery, 5th ed. Cherle Sohen-
Moe. ISBN: 978-1-188290-8-05-9

CSNN Legal Handbook, 9th edition (e-book
provided within online course).

MODULE #3

NN107A Biochemistry & Epigenetics
Science Essentials: Biochemistry to
Epigenetics, edition 3.2
(e-book provided within online course).

NN109 Pathology & Nutrition
Nutritional Pathology, 3rd edition,
Updated by Brenda Lessard-Rhead, BSc,
ND. Published by CSNN

NN110A Lifecycle - Pediatric Nutrition
Sprout Right Family Food., by Lianne
Phillipson. ISBN: 978-0735236059

CSNN Pediatric Supplemental Handbook (e-
book provided within online course).

NN110B Lifecycle - Sports Nutrition
Complete Guide to Sports Nut'n, 8th ed.,
Anita Bean. ISBN: 978-1-4729-2420-9

NN110C Lifecycle - Perspectives on Aging
Healthy at 100, John Robbins
ISBN: 978-0-345-49011-7
Aging Supplemental Booklet (e-book
provided within online course).

MODULE #4

NN111 Eco-Nutrition
CSNN Eco-Nutrition Booklet 3rd edition
(e-book provided within online course)

NN112 Allergies
The Allergy Solution., by Leo Galland,
M.D. ISBN: 978-1-4019-4941-9

NN114 Research
Nutritional Literature Research Handbook,
3rd edition. (e-book provided within online
course).

NN115 Intro to the Practical Use of Herbs
The Good Living Guide to Natural and
Herbal Remedies., by Katolen Yardley
MNIMH. ISBN: 978-1-68099-157-4