CANADIAN SCHOOL OF NATURAL NUTRITION

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REQUIRED TEXT BOOK LIST- Natural Nutrition Program Included in Tuition

MODULE #1

NN101A Fundamentals of Nutrition I

Staying Healthy with Nutrition, 21st century ed, by Elson Haas, M.D. (Pts 1&2) ISBN: 978-1-58761-179-7

NN101B Fundamentals of Nutrition II

Staying Healthy with Nutrition, 21st century ed, by Elson Haas, M.D. (Pts 3&4)

ISBN: 978-1-58761-179-7

NN102 Anatomy and Physiology

Understanding Anatomy & Physiology, 3rd edition., by Gale Sloan Thompson RN (e-book provided within online course).

ISBN: 978-0803676459

NN103A Nutritional Symptomatology

Guide to Nutritional Symptomatology, 1st ed., Published by CSNN.

MODULE #2

NN103B Motivational Interviewing Skills

Motivational Interviewing in Nutrition and Fitness., by Dawn Clifford and Laura Curtis ISBN: 978-1462524181

NN104A Hormone Health

The Hormone Cure., by Sara Gottfried M.D. ISBN: 978-1-4516-6695-3

NN105A Body-Mind-Spirit - Part One

Nutrition Essentials for Mental Health., by Leslie Korn.

ISBN: 978-0-393-70994-00

NN105B Body-Mind-Spirit - Part Two

Cultivating Wholeness, 2nd ed., by Caroline Marie Dupont. Published by CSNN.

NN106 Fundamentals of Business

Business Mastery, 5th ed. Cherle Sohnen-Moe. ISBN: 978-1-188290-8-05-9

CSNN Legal Handbook, 9th edition (e-book provided within online course).

MODULE #3

NN107A Biochemistry & Epigenetics

Science Essentials: Biochemistry to Epigenetics (e-book provided within online course).

NN109 Pathology & Nutrition

Nutritional Pathology, 3rd edition, Updated by Brenda Lessard-Rhead, BSc, ND. Published by CSNN

NN110A Lifecycle - Pediatric Nutrition

Sprout Right Family Food., by Lianne Phillipson. ISBN: 978-0735236059

CSNN Pediatric Supplemental Handbook (e-book provided within online course).

NN110B Lifecycle - Sports Nutrition

Complete Guide to Sports Nut'n, 9th ed., Anita Bean. ISBN: 9781472976949

NN110C Lifecycle - Perspectives on Aging

Healthy at 100, John Robbins

ISBN: 978-0-345-49011-7

Aging Supplemental Booklet (e-book provided within online course).

MODULE #4

NN111 Eco-Nutrition

End of Food, by Thomas Pawlick ISBN: 978-1-55365-169-7

NN112 Allergies

The Allergy Solution., by Leo Galland, M.D. ISBN: 978-1-4019-4941-9

NN114 Research

Nutritional Literature Research Handbook, 3rd edition. (e-book provided within online course).

NN115 Intro to the Practical Use of Herbs

The Good Living Guide to Natural and Herbal Remedies., by Katolen Yardley MNIMH. ISBN: 978-1-68099-157-4