

CANADIAN SCHOOL OF NATURAL NUTRITION
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REQUIRED TEXT BOOK LIST- Natural Nutrition Program
Included in Tuition

MODULE #1

NN101A Fundamentals of Nutrition I
Staying Healthy with Nutrition, 21st century
ed, by Elson Haas, M.D. (Pts 1&2)

NN101B Fundamentals of Nutrition II
Staying Healthy with Nutrition, 21st century
ed, by Elson Haas, M.D. (Pts 3&4)

NN102 Anatomy and Physiology
Essentials of Human Anatomy and
Physiology, 12th ed., by Elaine Marieb

NN103A Nutritional Symptomatology
Guide to Nutritional Symptomatology, 1st
ed., Published by CSNN.

MODULE #2

NN103B Motivational Interviewing Skills
Motivational Interviewing in Health Care,
by Stephen Rollick, William R. Miller &
Christopher C. Butler.

NN104A Hormone Health
The Hormone Cure., by Sara Gottfried M.D.

NN105A Body-Mind-Spirit - Part One
Nutrition Essentials for Mental Health., by
Leslie Korn.

NN105B Body-Mind-Spirit - Part Two
Cultivating Wholeness, 2nd ed., by Caroline
Marie Dupont

NN106 Fundamentals of Business
Business Mastery, 5th ed. Cherle Sohlen-
Moe
CSNN Legal Handbook, 9th edition (e-book
provided within online course).

MODULE #3

NN107A Biochemistry & Epigenetics
Science Essentials: Biochemistry to
Epigenetics (e-book provided within online
course).

NN109 Pathology & Nutrition
Nutritional Pathology, 3rd edition,
Updated by Brenda Lessard-Rhead, BSc,
ND

NN110A Lifecycle - Pediatric Nutrition
The Nourishing Traditions Book of Baby
and Child Care by Sally Fallon Morell and
Thomas S. Cowan

NN110B Lifecycle - Sports Nutrition
Complete Guide to Sports Nut'n, 8th ed.,
Anita Bean

**NN110C Lifecycle - Perspectives on
Aging**
Healthy at 100, John Robbins
Aging Supplemental Booklet (e-book
provided within online course).

MODULE #4

NN111 Eco-Nutrition
End of Food, by Thomas Pawlick

NN112 Allergies
The Allergy Solution., by Leo Galland,
M.D.

NN114 Research
Nutritional Literature Research Handbook,
3rd edition. (e-book provided within online
course).

NN115 Intro to the Practical Use of Herbs
The Good Living Guide to Natural and
Herbal Remedies., by Katolen Yardley
MNIMH.